Monday 1/27	Tuesday	Wednesday	Thursday	Friday
Health-9	Health-9	Health-9	Health-9	Health-9
Standards	Standards	Standards	Standards	Standards
10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that
impact growth and development	impact growth and development	impact growth and development	impact growth and development	impact growth and development
during adulthood and late	during adulthood and late	during adulthood and late	during adulthood and late	during adulthood and late
adulthood.	adulthood.	adulthood.	adulthood.	adulthood.
10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that
impact the body systems and	impact the body systems and	impact the body systems and	impact the body systems and	impact the body systems and
apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive
strategies.	strategies.	strategies.	strategies.	strategies.
10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze
factors that influence the	factors that influence the	factors that influence the	factors that influence the	factors that influence the
prevention and control of health	prevention and control of health	prevention and control of health	prevention and control of health	prevention and control of health
problems.	problems.	problems.	problems.	problems.
10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care
products and services that	products and services that	products and services that impact	products and services that	products and services that
impact adult health practices.	impact adult health practices.	adult health practices.	impact adult health practices.	impact adult health practices.
10.2.12.B—Assess factors that	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that
impact adult health consumer	impact adult health consumer	impact adult health consumer	impact adult health consumer	impact adult health consumer
choices.	choices.	choices.	choices.	choices.
10.2.12.E—Analyze the	10.2.12.E—Analyze the	10.2.12.E—Analyze the	10.2.12.E—Analyze the	10.2.12.E—Analyze the
interrelationship between	interrelationship between	interrelationship between	interrelationship between	interrelationship between
environmental factors and	environmental factors and	environmental factors and	environmental factors and	environmental factors and
community health.	community health.	community health.	community health.	community health.
<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>
Students will be able to define	Students will be able to describe	Students will be able to define	Students will demonstrate	Students will demonstrate
coping, consumer, resource;	and use the GREAT Decisions	consequence, peer pressure, and	understanding of concepts	understanding of concepts
describe how life skills impact	decision making strategy.	refulsal skills; give examples of	essential to the introduction to	essential to the introduction to
health; explain what evaluating	Assignment	refusal skills; explain the concern	health through a class review	health on a written assessment.
media messages would look like	In class—Notes & worksheet	if someone keeps pressuring	game.	Assignment
in real life.	Take home & return—Work not	them to do something that they	Assignment	In class—Written exam
Assignment	completed in class	don't want to do.	In class—Class review activity	Take home & return—None
In class—Notes & discussion	Upcoming event	Assignment	Take home & return—None	Upcoming event
Take home & return—None	TEST Friday	In class—Notes & discussion	Upcoming event	None
Upcoming event		Take home & return—None	TEST Friday	
TEST Friday		Upcoming event TEST Friday		
PE-11		PE-11		PE-11
<u>Standards</u>		<u>Standards</u>		<u>Standards</u>
10.4.12.A—Evaluate and		10.4.12.A—Evaluate and engage		10.4.12.A—Evaluate and
engage in an individualized		in an individualized physical		engage in an individualized

physical activity plan that		activity plan that supports		physical activity plan that
supports achievement of		achievement of personla fitness		supports achievement of
personla fitness and activity		and activity goals and promotes		personla fitness and activity
goals and promotes life-long		life-long participation.		goals and promotes life-long
participation.		10.4.12.D—Evaluate factors that		participation.
10.4.12.D—Evaluate factors that		affect physical activity and		10.4.12.D—Evaluate factors that
affect physical activity and		exercise preferences of adults.		affect physical activity and
exercise preferences of adults.		10.4.12.E—Analyze the		exercise preferences of adults.
10.4.12.E—Analyze the		interrelationships among regular		10.4.12.E—Analyze the
interrelationships among regular		participation in physical activity,		interrelationships among regular
participation in physical activity,		motor skill improvement, and the		participation in physical activity,
motor skill improvement, and the		selection and engagement in		motor skill improvement, and the
selection and engagement in		lifetime physical activities.		selection and engagement in
lifetime physical activities.		10.5.12.A—Apply knowledge of		lifetime physical activities.
10.5.12.A—Apply knowledge of		movement, movement skills, skill-		10.5.12.A—Apply knowledge of
movement, movement skills,		related fitness, and movement		movement, movement skills,
skill-related fitness, and		concepts to identify and evaluate		skill-related fitness, and
movement concepts to identify		physical activities that promote		movement concepts to identify
and evaluate physical activities		personal lifelong participation.		and evaluate physical activities
that promote personal lifelong		10.5.12.B—Incoroporate and		that promote personal lifelong
participation.		synthesize knowledge of motor		participation.
10.5.12.B—Incoroporate and		skill development concepts to		10.5.12.B—Incoroporate and
synthesize knowledge of motor		improe the quality of motor skills.		synthesize knowledge of motor
skill development concepts to		10.5.12.C—Evaluate the impact		skill development concepts to
improe the quality of motor skills.		of practice strategies on skills		improe the quality of motor skills.
10.5.12.C—Evaluate the impact		development and improvement.		10.5.12.C—Evaluate the impact
of practice strategies on skills		10.5.12.F—Analyze the		of practice strategies on skills
development and improvement.		application of game strategies for		development and improvement.
10.5.12.F—Analyze the		different categories of physical		10.5.12.F—Analyze the
application of game strategies		activities.		application of game strategies
for different categories of		Objectives/Assignment		for different categories of
physical activities.		Students will engage in team		physical activities.
Objectives/Assignment		handball activities.		Objectives/Assignment
Students will engage in team		Upcoming event		Students will engage in team
handball activities.		None		handball activities.
Upcoming event				Upcoming event
None				None
PE-8	PE-8	PE-8	PE-8	PE-8
Standards	Standards	Standards	Standards	Standards
10.4.9.A—analyze and engage	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage in	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage
in physical activities that are	in physical activities that are	physical activities that are	in physical activities that are	in physical activities that are
developmentall/individually	developmentall/individually	developmentall/individually	developmentall/individually	developmentall/individually
acvolopinontal/individually	acveropmentall/marvidually	acvolopiniontali/individually	ac velopine mail individually	ac volopinomali/marvidually

appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in team handball activities. **Upcoming event** None

appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in team handball activities.

Upcoming event

None

appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in team handball activities. **Upcoming event** None

appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in team handball activities. **Upcoming event** None

appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in team handball activities. **Upcoming event** None